

You're invited to be a participant in a
Self-Paced 40-hour
**Dialectical Behavioral Training
Certification Program**

DBT Skills Training

"DBT Skills are empirically supported strategies to help a variety of clients... Learn how to apply and teach the effective DBT Skills of Core Mindfulness, Interpersonal Effectiveness, Distress Tolerance, and Emotion Regulation in an incredibly thorough and interactive online learning environment."

~ The Linehan Institute



- Please see application on the back side of this flyer and fill out completely
- Once you start the training, you will have up to one year to complete the 40-hour certificate at your own pace, on your own time.

If you have any questions, especially about computer requirements, please contact us.

Applications are accepted on an ongoing basis.



**DIALECTICAL BEHAVIORAL THERAPY (DBT)
 TRAINING APPLICATION**

APPLICANT INFORMATION

Name:			
Phone (home):		Phone (work):	
Personal Email:		Ethnicity (optional):	
Current Address:			
City:		State:	ZIP Code:
Age range (circle)	TAY (18-26)	Adult (26-55)	Older Adult (55+)

EMPLOYMENT/AFFILIATION INFORMATION

Current employer/agency/affiliation:		
Employer address (N/A if none):		Employed how long?
Phone:	E-mail:	Fax:
City:	State:	ZIP Code:
Position Title:	Describe role/duties:	

TRAINING REQUIREMENTS
 PLEASE ANSWER THE FOLLOWING QUESTIONS
 (Circle Answer Yes/No)

No Yes I have regular access to a computer
 No Yes I have access to Internet on the computer I will be using
 No Yes My computer has updated Adobe Flash Player or I am able to download and install it
 No Yes I am able to download and use Mozilla Firefox for the training

Please describe any "No " answers to the above requirements:

SIGNATURE

Signature of applicant:		Date:
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Return by email as attachment, fax it, hand deliver, or mail at your earliest convenience to:

Ms. Andrée Reyes, Email: andree.reyes@acgov.org
 2000 Embarcadero Cove, Suite 400, Oakland, CA 94606.
 510.567.8070
 Fax: 510.383.2754
 Questions? Please contact me.