



California Association of Mental Health Peer Run Organizations (CAMHPRO)  
2000 Embarcadero Cove, Suite 400, Box 80, Oakland, CA 94606  
<https://camphro.org>

## **Alameda County Accelerated Peer Specialist Program (ACAPS) Participant Application**

### **For the 3<sup>rd</sup> Cohort of Training**

We at the California Association of Mental Health Peer Run Organizations (CAMHPRO) invite you to apply to our accelerated peer specialist training and employment placement program in Alameda County. We have developed this program to place you, consumers of mental health services with lived experience of mental health challenges, to work in a variety of exciting peer personnel positions in partner mental health organizations.

We are looking for phenomenal individuals who are committed to learning how to bring your own lived experience to work in a practical and effective way within our many diverse communities here in Alameda County.

We will provide for you:

1. a sixty hour Introductory Peer Specialist Intensive training, provided by BestNow!;
2. a three day Wellness Recovery Action Plan (WRAP) training provided by PEERS;
3. a forty hour advanced skills training in crisis support and management provided by Dignity Recovery Action! International called *Growing Through* (this training is optional).

After training, you will be given the opportunity to apply to work in peer personnel positions where you will utilize your strengths and knowledge as thoroughly trained peer specialists. We will provide on-going individual and group coaching and mentorship, including our bimonthly Lived Experience Leadership Symposium here at CAMPHRO and monthly peer support groups.

As a participant of ACAPS, you are expected to apply to work at one of the following sites -- please note that these positions are not guaranteed and can range from paid part-time and full-time positions, to contract/volunteer-based with stipends:

1. The Alameda County Pool of Consumer Champions (POCC), where you will provide group facilitation, conflict resolution, peer counseling, and activity coordination within the POCC's 15 committees and members of its expansive and diverse peer support community. These positions are volunteer-based with stipends.
2. La Familia's new peer respite program, where you will provide peer counseling, group



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counseling, recovery planning, case management, suicide prevention, and crisis management. These are paid positions that range from part-time to full-time.

3. Bay Area Community Services (BACS), where you will provide group counseling, peer counseling focused on people with co-occurring mental health and substance abuse challenges, peer counseling focused on transitional age youth, suicide prevention, and crisis management. These are paid positions that range from part-time to full-time.

4. Alameda County Network of Mental Health Clients, at either the Berkeley Drop-In Center or Reaching Across in Fremont, where you will provide peer support, crisis management, and where you will share your knowledge of wellness and recovery principles. These are volunteer positions.

As a leading consumer-run organization dedicated to the advocacy and leadership of people with lived experience of mental health challenges, we at CAMPHRO are confident that we can help you to channel your skills and expertise in mental health recovery in the workplace. We are excited for you to join us in our mission, and welcome your application to ACAPS.



## Alameda County Accelerated Peer Specialist Program (ACAPS) Training Schedule

Please note that this application is for the third training cohort only.

First Training Cohort	Second Training Cohort	Third Training Cohort
<p><b>BestNow!</b>            Friday, April 13 through            Thursday, May 3</p> <p>Every Monday, Wednesday,            Thursday, and Friday            10am-3pm</p>	<p><b>BestNow!</b>            Monday, July 9 through            Thursday, July 26</p> <p>Monday through Thursday            10am-3pm</p>	<p><b>BestNow!</b>            Monday, October 22 through            Thursday, November 8</p> <p>Monday through Thursday 10am-            3pm</p>
<p><b>PEERS</b>            Monday, May 21 through            Wednesday, May 23</p> <p>9am-4pm</p>	<p><b>PEERS</b>            Monday, August 27 through            Wednesday, August 29</p> <p>9am-4pm</p>	<p><b>PEERS</b>            Monday, November 26            through Wednesday,            November 28</p> <p>9am-4pm</p>
<p><b>Growing Through</b>            Monday, June 11 through            Friday, June 15</p> <p>9am-6pm</p>	<p><b>Growing Through</b>            Monday, September 24            through Friday, September 28</p> <p>9am-6pm</p>	<p><b>Growing Through</b>            Monday, December 10 through            Friday, December 14</p> <p>9am-6pm</p>



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Home address: \_\_\_\_\_

\_\_\_\_\_

Best days, time and way to reach you (phone or email): \_\_\_\_\_

\_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

Phone number: \_\_\_\_\_

*Please fill out the following demographic information.*

Birth date (M/D/Y): \_\_\_\_\_

Race and/or ethnicity: \_\_\_\_\_ Gender: \_\_\_\_\_

Sexual orientation: \_\_\_\_\_ Veteran status: \_\_\_\_\_

Primary language(s) spoken at home: \_\_\_\_\_

Current occupation: \_\_\_\_\_

Do you identify as having a disability: \_\_\_\_\_

Are you currently or have you ever received services at community mental health and/or substance abuse recovery programs?    Yes    No



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**Please answer the following questions, and send this application with your resume. You may use additional paper/space if necessary.**

1. Why are you interested in joining the ACAPS Program?

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2. What does the position of “peer specialist” mean to you?

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3. From the listed options in the cover sheet of this application, what agency would you like to work for the most (POCC, La Familia, BACS, or Alameda Network of Mental Health Clients)?

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4. Are you looking for full-time employment, part-time employment, or a volunteer position?

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5. Do you have lived experience of mental health challenges and recovery that would enable you to act as a “peer” to others with similar challenges? Please describe.

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6. Do you practice any wellness tools? If so, please describe.

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7. Have you previously completed a peer certificate program or another relevant training? If so, please check the corresponding box to your training and/or certification.

<input type="checkbox"/> BestNow! (peer specialist certification)	<input type="checkbox"/> ASIST (Applied Suicide Intervention Skills Training)	<input type="checkbox"/> Cultural Relevance/Humility
<input type="checkbox"/> WRAP (Wellness Recovery Action Plan)	<input type="checkbox"/> Dialectical Behavioral Therapy	<input type="checkbox"/> Substance Abuse/Use
<input type="checkbox"/> Trauma Informed Care	<input type="checkbox"/> Harm Reduction Model	<input type="checkbox"/> Hearing Voices
<input type="checkbox"/> Money Management	<input type="checkbox"/> eCPR	<input type="checkbox"/> Billing/Documentation
<input type="checkbox"/> Motivational Interviewing	<input type="checkbox"/> Recovery Innovations Training	<input type="checkbox"/> Other certification (describe below)

Please name and describe the program and the date you completed training.

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8. Do you have any another specialized training, talents, skills, or strengths that you think would be relevant in this work? Please describe.

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9. Have you had previous work, volunteer, or internship experience in a peer specialist position or peer support role? If so, please describe.

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10. Please describe your understanding of mental health recovery.

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11. Are you willing to commit to one of our training cycles and employment development program (please see dates and times on page 3 of this application)? Check one: \_\_\_Yes\_\_\_ No

a. Which one would work best for you?

\_\_\_ Cohort 3

b. Do you foresee any potential conflicts with this schedule? If so, please describe.

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12. Is there anything else you believe that we should know about you that would make you a good candidate for the ACAPS program?

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**Thank you for applying to the ACAPS program. Please e-mail or mail this completed application, your resume, and (optional) references by September 7, 2018 to:**

**Melodee Au**  
**ACAPS Program Director**  
**melodee.camhpro@gmail.com**  
**2000 Embarcadero Cove**  
**Suite 400, Box 80**  
**Oakland, CA 94606**

